

# COUDERSPORT HIGH SCHOOL MENU JANUARY 2023



Remember your mittens!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	ALTERNATES:
Jan 2 <b>NO SCHOOL</b> 	Jan 3 Pierogies Onions & Marinara Sunshine Carrots Fruit Choices	Jan 4 Rotini Green Beans Breadstick Veggie Bar Fruit Choices	Jan 5 Buffalo Chicken Dip Scoops and Dinner Roll Crisp Celery Sticks Fresh Veggies Fruit Choices	Jan 6 Fish Sticks Dinner Roll Cheesy Cauliflower Fresh Veggie Bar Fresh Fruit	<b>OFFERED DAILY:</b> <ul style="list-style-type: none"> <li>• Chicken Filet</li> <li>• Pizza</li> <li>• Salad Bar</li> </ul>
Jan 9 Swedish Meatballs Buttered Noodles Corn Dinner Roll Fresh Veggies Fruit Choices	Jan 10 Loaded BBQ Pork Fries Baked Beans Dinner Roll Fruit Choices Fresh Veggie Bar	Jan 11 Chicken Nuggets Mashed Potato & Gravy Dinner Roll Fresh Veggies Fruit Choice	Jan 12 Soft Shell Taco Refried Beans Fresh Veggies Fruit Choices Churro	Jan 13 French Toast Sticks Hash Brown Sausage Juice Fruit Choices	Fresh Veggie Bar Includes: Green Peas, Pickled Beets, Romaine Lettuce, Baby Spinach, Cucumbers, Grape Tomatoes, Green, Red & Yellow Peppers, Chick Peas, Carrots, & Broccoli
Jan 16 Teacher In-Service Day  No School for Students	Jan 17 Open Faced Turkey Sandwich Mashed Potatoes Fresh Veggie Bar Fruit Choices	Jan 18 Lasagna Steamed Veggies Dinner Roll Fruit Choices	Jan 19 Chicken Fajita Peppers and Onions Rice Fruit Choices Fresh Veggie Bar	Jan 20 Toasted Cheese Tomato Soup Crackers Fresh Fruit Fresh Veggie Bar	Breakfast Selections: Muffins, PBJ, Breakfast Bars, Breakfast Sandwich's, Cereal, Juice, Milk and other grab and go options Wednesday- Protein Bites Thursday – Mrs. Anderson Famous Breakfast Burrito Friday- Yogurt Parfait
Jan 23 Turkey & Cheese on Pretzel Roll Corn Fresh Fruit Fresh Veggie Bar	Jan 24 Breaded Chicken Drumstick Oven Fries Dinner Roll Fresh Veggie Bar Fruit Choices	Jan 25 Chicken Parmesan w/ Side of Pasta Steamed Veggie Fruit Choices Fresh Veggie Bar	Jan 26 Nachos w/ Meat & Cheese Soft Pretzel Refried Beans Fresh Fruit Fresh Veggie Bar	Jan 27 Chili Sweet Potato Fries Corn Muffin Fresh Veggies Fresh Fruit	 <p><b>MILK IS INCLUDED WITH ALL MEALS:</b> FF Chocolate, 1% White,</p>
Jan 30 Sweet & Sour Chicken Rice Fresh Veggie Bar Fresh Fruit	Jan 31 Rodeo Burger (BBQ sauce, cheddar cheese, onion ring) Curley Fries Fruit Choices			 <p><b>Delicious!</b></p>	Student Full Price Lunch: \$2.60 Student Reduced Lunch: \$ .40 Full Price Breakfast: FREE Reduced Breakfast: \$ FREE Adult Lunch: \$4.25 Extra entrée: \$2.25

AS NEEDED, A CONDIMENT TABLE WILL BE AVAILABLE IN THE CAFETERIA TO DRESS YOUR BURGERS, NACHOS, TACOS, ETC.

PLEASE KNOW THAT FRESH FRUIT IS OFFERED DAILY. FRESH VEGGIES = Broccoli, Carrots, Red & Green Peppers, Cucumbers, Grape Tomatoes, and Ranch Dipping Cup.